

„TransEurope-FootRace“

April 19th to June 21st 2009 about 4.700 km in 64 Stages

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Mutually agreed of jurisdiction is Horb am Neckar in Germany

Paragraph 1 Organization

The "TransEurope-FootRace" is an international running competition. The organization holds the right to reject any applicant without any reason given if they are of the opinion that the applicant is not in the condition for the event.

Paragraph 2 Explanation of the event

The "TransEurope-FootRace" is a run with 64 daily stages. The entire course is about 4,000 km long. The start is on August 19th 2012 in John O' Groats/Scotland, going north towards France, Spain, and ends on October 21st 2012 in Gibraltar. The daily stages are on average about 62 km long. We are considering running around large cities.

Food & lodging for participants and volunteers will be provided by the race organizer and is included in the start fee. It is up to each volunteer if he/she wishes to accept in the provided food and lodging. If he/she does not accept, no reduced cost or reimbursement can be given due to organizational reasons.

Paragraph 3 Participation / Exclusion of Liability

The "TransEurope-FootRace" will follow the established race guidelines. Every participant will need to follow these guidelines and accept them through his/her application. Volunteers are obliged to read & understand these guidelines. The organization will always cite these guidelines as rule of operation and only the organization can alter them, as it deems necessary. They need to be accepted by all, see paragraph 7.

By the participation of the "TransEurope-FootRace" all participants accept that the organizer and the staff are free of all claims or any damages (see paragraph 21). The above also includes any lost or damaged items or monies. With acceptance of the start/race number all participants understand that the organizer strongly recommends and encourages each runner to undergo a medical examination, clearing him/her to be fit to participate in the "TransEurope-FootRace" and that there are no medical considerations keeping the runner from participation in this event. All participants state that they have trained sufficiently for this event and that they have no medical considerations, preventing them from participating, documented so by a physician. The organizer will not check the above. All participants further agree that all photos on film or digital, videos and or all media interviews can be used for the purpose of radio, television, advertising, books, articles and any other use and that they can be used without monetary or any other compensation. All your personal data will be electronically saved. In the event of a none-start due to no vacation, illness or cancellation of the event due to a higher power, there will be no reimbursement of any part of the starting fee. See special paragraph 47.

Paragraph 4 Application / Participation regulations

Accepted will be all a off either sex of all nationalities who meet all regulations set forth in this entire document. The medical fitness to participate in this event must be certified by a doctor who thus testifies that he sees no medical reason for the participant not to run. This document should not be older than a maximum of 30 days when you will be rendered for the registration process. At any time the organization has the right to withdraw the starting permission or pull any runner from the race if it deems necessary for medical reasons. In addition all runners must proof that they had a certain amount of training in the areas of Ultra Running. The organization decides in the shortest possible time if an applicant qualifies after receiving his/her application and lets the applicant know of the result. Together with the application an amount of 800,00 € has to be send (info available further down in the document). With the sending of said amount the applicant will be accepted into the applicant list. A refund will be given after cancellation or withdrawal of the application by the applicant or for special reasons by the organizer. Together WITH the application please send TWO passport pictures, which if needed can be returned after the race.

Paragraph 5 Arrangement of classes within the field

Men & women will be kept record of separately. There will be no age groups.

Paragraph 6 Competition Program

April 17th 2009. Arrival of all runners. Accommodation in a school/gymnasium etc. near the start of the Race. At an appropriate time all runners will receive a travel plan on how to get from the airport or train station to the lodge. Transport to and from the start/finish will be the responsibility of each individual. The organization will be responsible for meals and lodging on the evening/night before the start. Any other meals/beverages are the responsibility of each individual.

IMPORTANT: The arrival of all participants should be at least 36 hours before the start, due to reasons listed below.

- ⇒ Registration & issuance of start documents
- ⇒ Approvement of medical certificate (without it you need to get one from a local doctor at YOUR own expense)
- ⇒ Getting to your accommodation
- ⇒ Event and organization briefing
- ⇒ Meet the press
- ⇒ Other possibly needed controls

August 19th 2012 At 9:00 AM start for ALL participants

October 21st 2009 to October 22nd 2012 Arrival at the finish. All participants have the opportunity to spend the night from **August 21st 2009 to October 22nd 2012** near the fin sight at a group accommodation. There will be no cost for the runners unless they opt for private lodging. With the

arrival at the finish, one night lodging and breakfast next morning the obligation of the organizers have finished. It is advised that all runners and coaches make prior arrangements for the return journey home. The organization is not responsible for this.

Paragraph 7 Changes of the Competition Regulations

The organizer reserves the right to make the following changes:

- ⇒ Any necessary route changes as per paragraph 24.
- ⇒ Change of the daily starting time or location according to paragraph 9 pending unforeseen circumstances.
- ⇒ Type of accommodations, paragraph 15.
- ⇒ Change of distance between aid stations & control points, paragraph 11 & 14.
- ⇒ Change, paragraph 29 markings & other miscellaneous offerings of the organizer
- ⇒ Character of the event, paragraph 3.
- ⇒ Change of time requirements, paragraph 10.

Paragraph 8 Identification bibs

Every runner will receive several start number bibs. It needs to be worn and visible at all times on the chest. In the event of bad weather when a run jacket may be worn, you must call out your start number on request when arriving at an aid station or control point, see paragraph 11.

Paragraph 9 Order of start by runners

The Start on day 1 will be at 9:00 AM for all runners. On all following days there will be two starting groups. The slower group starts at 6:00 AM and the faster & second group at 7:00 AM. The starting times may change. See Paragr. 7.

IMPORTANT: The starting times and group order will be posted by the organizer daily for the next day based on the finishing order of that day. As the race progresses it will be decided if and how the starting times and group orders will be followed. The group order will be decided on each evening. Should a runner wish to start in another group as posted by the organization, he/she must make this known right away. Nobody has a RIGHT to start in another group other than posted. On the very last day of competition there most likely will be three starting times/groups.

Paragraph 10 Target Times of Stages

The km average to be run is at 6,0 km per hour. This time includes any stop at aid stations & such.

As an example: A runner covers a kilometer at an average of 7 minutes and makes a stop of 3 minutes at an aid station; he then effectively needs 10 minutes for this kilometer. Runners that do not meet the set time limits and do not reach the stage finish within the set time limit will be removed from the official scoring within the competition. At a 60-kilometer stage with a 6 AM start he/she needs to be at the finish at 4 PM that afternoon. The organization can allow a time-tolerance for various reasons if a runner has a particular problem one day and it can be expected that he/she will reach the regular time goal again the next day. Another reason could be that at any given day the course has a particularly difficult stretch to cover. Here the organization is free to make changes. However if a runner does not meet the time limit more than once and it is due to exhaustion, the runner needs to discuss this with the race director.

Paragraph 11 Control points finish

Every aid station will also be considered a control point. The organizer can add more control points if deemed necessary, articles 7+ 8.

Paragraph 12 Stage finish

At the daily finish the organizer will take the time of every runner for this stage. After the last runners have finished such times will be posted for all to see. Any protest regarding times has to be filed within 30 minutes after posting. The protest can also be filed through the personal coach of a runner. After the second stage there will be an account of the accumulated times for each runner.

Paragraph 13 Spot for logos of sponsors on clothing

Other than on the organization reserved places on clothing runners can wear logos of personal sponsors (socks, t-shirts & shorts). However, the organization reserves the right to ban certain logos that do not meet certain standards such as: Prohibited organizations; text that may put in question the integrity of the race organization; text that is not in line with standards of common decency. All runners must accept the decision of the organizer regarding the above without question or explanation.

Paragraph 14 Course Aid

Depending on traffic situations all aid stations will be located at an interval of between 8 to 12 kilometers, see paragraph 7. The offering of food & beverages may vary and will have to be adjusted according to product availability and circumstances. The organization is committed to providing food and beverages in a manner appropriate for long distance runners. Special or favorite items such as: special health food items & drinks, French fries or similar items can not be provided or expected and must be arranged for by the individual runner at her/his own expense from stores along the course. However runners are not allowed to leave the marked course to shop. At aid stations the organizer will offer various beverages. Any special items, such as GU or special mixed drinks runners may require or want, need to be provided in advance and carried along by each individual runner on the course. It cannot be guaranteed that the organization can provide ISOTONES (special mixtures) drinks, powders or mixtures at any or all times. Offered food items are in general: Bread, rolls, cookies, seasonal fresh fruits, salty items (pretzels or similar) and similar food & snack items. Aid-station volunteers in general will try to meet the expectation of runners given the availability of certain items. However it will be impossible to meet too specific wishes or items for any individual runner. It may be possible that not all and every aid station will have staff at hand. All food and beverages will be set out and each runner needs to help himself with consideration of other runners' needs that may be following after them.

Paragraph 15 Lodging

The prepaid amount of 800 € will be reimbursed up to the last date to apply, March 31st 2008. After that date there will be NO reimbursement of the full amount. Paid and not reimbursed amounts for the „TransEurope-FootRace“ cannot be transferred to any subsequent events by the organizer Ingo Schulze.

Paragraph 31 Starting fee / how to send payment

The starting fee will be 6000 €. With the application you must pay 800 Euros into the below named bank account. The remaining balance must be paid into the same account not later than March 31st. 2008. Should any runner have the intention from the beginning only to run certain stages of the race the fee will be 70 Euros per day which includes: lodging, breakfast, first aid station, food & beverages & dinner. How to get to the event or from the event back home is the responsibility of the individual. If you plan to run at least 15 stages the total/full amount of the entire starting fee has to be paid. The only exception would be if the individual offers an appropriate service/s (to be determined by the organizer) to the organization.

Please pay any advance payment or application fee into the following bank account

Name of the Banc:	Kreissparkasse FDS
Street:	Dammstraße 1
Town:	72160 Horb am Neckar
Account Nr:	132 192 11
Bank code:	642 510 60
Password:	Transeurope 2012
IBAN -Code:	DE 336 4251 060 00 132 192 11
Swift-code	BIC SOLA DES1 FDS

Paragraph 32 Volunteers & Crew-Vehicles

Personal coaches who are not available to the organization will be required to pay the full amount of 2640 € or every day 40 €. This will include breakfast, dinner, lodging in basic accommodations, for your meals during the day the organization is NOT responsible (no aid station food & drinks will be available to you in that case). Should a personal coach make his/her service & his/her vehicle available to the organization no fee will be charged and food & lodging will be provided free of charge by the organization. If this will be the case, you need to notify the organizer as soon as possible so he can plan the use of your services and vehicle. Personal supporters without a vehicle but who make their daily service available to the organization need to pay the daily amount of 30 € or a total of 1980 €, see paragraph 2 & 44.

Paragraph 33 Additional fee (deposit)

Every participant must at least give a deposit of 300 Euros to the organization. This deposit is for the following purpose: Should a runner quit during the event and has not enough money for the return ticket home this deposit will be available for that. All deposits will be returned to each runner not later than at the finish.

Article 34 Disqualifications

Disqualification follows if any individual/s behave in the following manner: Insults or fights with any individual runner, coach or volunteer or group of same, any acts that puts the organization in a bad light. Major unauthorized detours from the established route. Accepting a ride in a car during the race. Ignoring or not abiding by the directions of race officials, police or any local authorities, paragraph 24.

Paragraph 35 Identifications / Passport matters

It is the responsibility of all runners, helpers & volunteers that they bring their **personal identity** card with them and as well have **passport**, which is valid until the race is over. A copy of both must be in the hand of the organization by NOT LATER three month before **THE START OF THE RACE**. All runners are REQUIRED to wear their start number bit at all times during the entire race. If you have a driver license you should carry it with you as well so in case you quit the race you can drive a crew vehicle.

Paragraph 36 General environment & aid station cleanliness

The organization intends to keep the environment as clean as possible. Together with the distribution of the starting documents every participant will get two **telescope cups**, 0,15 l. Further telescope cups can be purchased. The aid station staff will fill all runner bottles to keep the aid stations clean for all participants. Drinking of other beverages takes place with the **telescope cups**. If someone does not have its cup, a hard plastic cup is available from the supporters. This is rinsed afterwards locally for the next runner.

If you wish to leave or discard any item/s during the race, please do so only at an aid station and not along the course. To avoid the accumulation of too much waste, all runners, crew or volunteers must bring their own utensils including reusable plates & cups. At each daily finish line we will provide beverage/s in large containers where you should use your own cup.

Information: There will be a total of about 450 to 480 aid stations available.

Paragraph 37 Press & participant information/data

For any potential presswork or release it is easier if the organization has certain runner information's available ahead of time. After the accepted application all runners will receive a questionnaire that we ask them to carefully complete to include a personal **photo** and a **run bio**. This information will be used for any requested presswork. The current race status can at any time be viewed at the www.transeurope-footrace.org website.

Paragraph 38 Time measurement and list of results

This will be listed in hours, minutes & seconds. As of day two accumulative times will be posted daily. A complete finisher list with exact times will be send to all runners automatically within eight weeks of the finish of the race. During the event NO finishers list will be made

available to runners except the posted one each evening at the finish of that day's stage. Please do not ask the race director, as he will post the list as soon as possible each day.

Paragraph 39 Issuance of information to all participants

You will receive such information in English and in German as well as on the website at www.transeurope-footrace.org

Paragraph 40 Reaching the organization DURING the race.

On the starting bib will be printed the cell/mobile phone number of the organizer as: Ingo Schulze 0171 / 42 51 435. This is important for runners as well as volunteers that may have gotten lost and need help. All participants should carry on their body an amount of at least 20 € while running or volunteering. This is in the best interest of runners and volunteers and will not be checked by the organizer.

Paragraph 41 Aid stations and staff

An **X** on the street indicates that there is an unmanned/staffed aid station. Runners without personal helpers should stop here and help themselves. Personal helpers may supply their runners at these unmanned aid stations as well. A continuous/constant service to runners by personal coaches/supporters is not allowed or possible except at aid stations. Accompanying any runner via bicycle, vehicle or helper/s is not allowed. After any third such incident is seen or reported, this runner will be disqualified from the race, paragraph 22.

Paragraph 42 Stage Runners

We also allow stage runners during the „TransEurope-FootRace“. The fee for each stage of 70 € can be paid directly to the organizer before the start of each stage. Stage runners will not be listed in the daily time/result list. They will receive a certificate stating the run distance per stage. The reason for this is not to create a second tier of completion within the race and not to interrupt the fluency and rhythm of the regular race and runners. All stage runners, regardless of speed, will start in the second daily group. Exceptions can only be granted by the organization. The certificate for stage runners must be requested by same and will not be sending automatically.

Paragraph 43 Responsibility for private crew vehicles

The bringing of private cars and live-in trailers or RV will be at your own risk and responsibility.
⇒ Should such a vehicle become disabled you can only expect limited help from the organization.
⇒ Any temporary and potential lasting damages cannot be the responsibility of the organizer.
⇒ The vehicle owners must take care of any problems, damage/s or other disabling situation on their own.

Paragraph 44 Vehicles

Drivers who have no runner on the course will get a serious amount of reimbursement for their vehicle cost. Drivers who have runners in the race and make their vehicle available to the organization (such as to supply aid stations) will get free meals and lodging during the race, paragraph 33. A list of what items the driver needs to carry in their vehicle will be issued to you in a timely manner. The list will only be a recommendation. The drivers of such vehicles (runners) will be under the command of the organization as helpers to be assigned, as the situation requires. These helpers can aid their runner only at designated aid stations. Should an extreme weather condition warrant a change, the organization would advise helpers & volunteers accordingly.

Paragraph 45 Presswork

You should not be surprised, if during the race you may see representatives of the press at any given time. For this reason it is important that the organization has enough personal information available of each runner in the race to provide to the press. Therefore the organization requests that all participants send any original published materials of the race to Ingo Schulze. A map/folder of all received published material can be requested for a fee (amount to be announced later) from Ingo Schulze some time after the race. Participants and supporters are committed not to cast doubt in public on the race, the advertising partners, sponsors and their products. Criticism on weather, traffic, polluted air in city centres etc. is uninfluenced from this. Participants and supporters should be available for the media. This shall be kept within reasonable bounds. Participants and supporters, who don't want to get in contact with media for any personal reason, must tell that in advance.

Paragraph 46 Last date to apply

Last date we can accept an application will be July 31st. 2011. Any application that arrives after this date must be discussed with Ingo Schulze and upon verbal acceptance must be followed by the immediate & full payment of the starting fee Euro 6300. An additional Euro 300 will be due as a late fee.

Paragraph 47 Cancellation of the event

The event can be canceled in case of a natural disaster such as: Flooding, devastating fires, earthquakes or similar. In such an event all participants will be asked for ending the race if the authorities have not already stopped the event. In case of a cancellation you can expect the following refund of your start fee: From the base amount of Euro 6,000 we will keep a minimum of Euro 1,380. The remaining amount of Euro 4,620 will be divided by 66 days, resulting in a one-day fee of Euro 70. For each day the event is cut short you will receive Euro 70 as a refund.

Example:

The event will be canceled after the 14th day; each entrant will receive 52/66th refund, which will equal Euro 70 x 52 days equaling Euros 3,640.

Paragraph 48 Runners forum

Days into the race we will establish a „runner forum“. The elected runners in this forum will help the organization solve any serious problems that may develop and could negatively affect the entire race. For example such an issue could be the disqualification of a runner and similar serious issues. The runner forum will be comprised of FIVE persons, see example:

⇒ At least one female and two male runners

- ⇒ One person each from the volunteers and the organizer Ingo Schulze. Any decisions by this runner forum will be valid.
- ⇒ If the problem involves any person being part of this forum, he/she will not be part of the decision process.

Paragraph 49 Doping

The "TE-FR" as a sports event is not organized via a national or international federation. Nevertheless the organizer of the "TE-FR" insists on the fact that each participant adheres to the internationally valid Anti-Doping rules. For this an accordingly prepared undertaking is to be submitted to the organizer with the final delivery of the registration of the "TE-FR" by each participant. During the competition each determined offence against the rule stated above, is punished with the immediate disqualification. The participant has to leave immediately.

To refresh your memory regarding all paid dues to the organization

Starting fee	6000 €	90,90 € times 66 days
Starting fee for stage runners	per day 70 €	Up to 15. days
Late entry fee	300 €	As of April 01 st 2008
Fee for personal helpers without a vehicle	per day 30 €	1980 € for 66 days
Fee for personal helpers that will not be available to the organization	per day 40 €	2640 € for 66 days
Fee for personal vehicles that are available to the organization	00 €	
Return of deposit with timely application	200 €	Until Sept. 30 th 2008
Deposit	800 €	Time of application

Horb, Sunday, December 13, 2009
Race director Ingo Schulze

Translated into English by:
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